

FOD/HRDC



Hospital and Rehabilitation Centre for Disabled Children

FOD/HRDC's Clubfoot Day 2017 Celebration

June 3, 2017



FOD/HRDC is celebrating World Clubfoot Day today!

World Clubfoot Day, 3 June, is the birthday of Dr. Ignacio Ponseti, who developed the simple Ponseti treatment, which is successful in up to nearly 100 per cent of clubfoot cases, especially if this is initiated early. This involves gently manipulating the feet to a better position and putting them in a cast.

The goal of World Clubfoot Day is to raise awareness about clubfoot disability and its prevention using the Ponseti Method, a non-surgical treatment that includes gentle manipulation of the feet followed by the application of plaster casts and bracing.

World clubfoot day celebrated for the first time at FoD/HRDC by involving all the partner organizations including field and project offices.

Clubfoot is the most common musculoskeletal birth deformity, affecting 150,000-200,000 newborn children each year, 80 percent in developing countries. There are also hundreds of thousands of children and young adults who are living with this debilitating condition worldwide. The Ponseti Method is nearly 100 percent effective when properly applied by a trained health care provider and is considered the "gold standard" treatment leading to a normal, productive life.



World Clubfoot Day 2017 Celebration at HRDC

FACTS

- Visually, the foot affected by clubfoot appears to be twisted inwards and downwards Back.
- Without treatment, the clubfoot deformity causes a life time of disability as the affected individual experiences pain and difficulty in walking. People with untreated clubfoot find it difficult to access education, employment and experience exclusion from society.
- 4215 children (6442 feet) with clubfoot deformity treated successfully at HRDC using Ponseti Method since 2004



Children and HRDC staff together with parents performing the Ponseti Song

The Celebration

The program began with the welcome by Mr. Rajiv Shrestha, Administrator (a former HRDC beneficiary). Professor Dr. Ashok Banskota, Chairperson, kindly chaired the program and the District Health Officer of Kavre District, Dr. Arjun Sapkota graced the program as the Chief Guest. Among the dignitaries on the Dias were Mr. Krishna Prasad Bhattarai, General Secretary of the Friends of the Disabled, Mr. Bikash Man Singh, Director of HRDC, Dr. Jonathan Torp, Chief Operating Officer of Scheer Memorial Adventist Hospital.

The DHO Dr. Arjun Sapkota spoke on the need of earlier intervention in clubfoot management in order to minimize the disability. He congratulated HRDC team and appreciated the achievement by HRDC so far. He admitted that HRDC with support of various organizations like miraclefeet has been doing the work that should be done by the duty bearer. He further added that the DHO will leave no space in order to provide all the required support to HRDC for successful implementation of any health related programs.

Finally on the closing remarks by the Chair Professor Dr. Ashok Banskota explained the history of HRDC and its 32 years of successful journey. He further added, the difficulties that have been facing by HRDC over the year. Professor Dr. Ashok Banskota also expressed the gratitude and thanks to all the concerned including government official for the support for the wellbeing of the children with physical disabilities. He further admitted and appreciated the miraclefeet as the real friend in need. In the year 2015, the partnership between HRDC and miraclefeet started in order to serve the children with clubfoot deformity using the Ponseti technique. He also explained how HRDC has been able to impart the skills to non-doctors like physiotherapists and physio-technicians. This significantly contributed in lowering the cost without compromising quality with 100% success.

PONSETI SONG

This song composed by HRDC's Tutor Mrs. Tara Badan Sedhain. The gist of the song is as follow:

The congenital deformity called Clubfoot treated using Ponseti Method at HRDC is a world class.

To mark the birthday of Dr. Ponseti, World Ponseti Day is being celebrated. Let us remember Dr. Ponseti who invented the Ponseti technic and Dr. Banskota who introduced the Ponseti technic in Nepal.

जन्मजातै फर्केका यि पैताला हाम्रो
HRDC आए पछि भयो कति राम्रो
क्लबफुटलाई HRDC सार्दै राम्रो भा छ
त्यसैले त विश्व भरी उच्च स्थान पा छ

पोन्सेटीको जन्मदिन पारी
क्लबफुट दिवस मनाउदै देशभरी
प्लास्टरले ठिक हुदै जाला
जन्मजात फर्केको पैतला

दिलैवाट सम्भौ आज डा. पोन्सेटीलाई
कैले पनि बिसवैनी डा. वास्कोटालाई
क्लबफुटका बच्चा अनी बाबुआमा सार
क्लबफुटलाई पोन्सेटीले पारे चमत्कार

पोन्सेटीको जन्मदिन पारी
क्लबफुट दिवस मनाउदै देशभरी
प्लास्टरले ठिक हुदै जाला
जन्मजात फर्केको पैतला

आज लायो ४-५ दिनमा फेरी लौछौ अर्को
६-७ पटक लाउनु पर्छ नमानौ हे भर्को
एक महिना मै शुरू गरौ प्लास्टर लगाउन
बोलाएको समयमा नाबिसौ है आउन

पोन्सेटीको जन्मदिन पारी
क्लबफुट दिवस मनाउदै देशभरी
प्लास्टरले ठिक हुदै जाला
जन्मजात फर्केको पैतला

उमेर बढदै गए पछि हड्डी हुन्छ साहे
प्लास्टरले सिधा पार्न हुन सक्छ गाहे
प्लास्टरले नभएमा रिड राख्नु पर्छ
रिडले पनि पैतलालाई पूरै सिधा गर्छ

पोन्सेटीको जन्मदिन पारी
क्लबफुट दिवस मनाउदै देशभरी
प्लास्टरले ठिक हुदै जाला
जन्मजात फर्केको पैतला

First time ever

FoD/HRDC celebrated the World Clubfoot Day 2017 in a grand manner by various awareness program. The program chaired by Professor Dr. Ashok Banskota and the District Health Officer of Kavre district Dr. Arjun Sapkota graced the program as the chief guest.



District Health Officer Dr. Arjun Prasad Sapkota being welcome by organizing team at HRDC

Program

The program began with national anthem and followed by welcome speech from Mr. Shyam Bahadur Maharjan, the Physiotherapy Department Head. He also explained about clubfoot history and some data including the technique introduced at HRDC.

Clubfoot awareness song was presented by Tara Badan Sedhain together with admitted children at HRDC.

A short talk on clubfoot in Nepal and its prevalence and its management given by Mr. Yogendra Yadav, the incharge of the clubfoot clinic that has been supported by the *miraclefeet*. He explained the effectiveness and the importance of Ponseti technique for the treatment, He also provided some insights on clubfoot, history and way forward at HRDC. He further added that the maximum number of children with clubfoot deformity came from Rautahat and Sarlahi districts for treatment at HRDC and its projects. Amongst 60% of the children were with bilateral clubfeet. At HRDC the average plaster uses is 4.2 times per child.

As a part of success story, a former clubfoot patient treated at HRDC from Okhaldhunga district, Mr. Gayatra Dotel who is now an employee in one of the projects implemented by HRDC, shared his joyful experiences and expressed his gratitude towards HRDC for his new life. He further added the exclusion he faced prior to treatment and the inclusion afterwards

The DHO of Kavre was invited to say few words about HRDC. He expressed his happiness about service provided by HRDC. He also assured about implementing these services in government level.

Lastly, Dr. Ashok Kumar Baskota was invited to share some information about clubfoot and its management by Ponseti technique. He talked about meeting the objectives and identifying the target group. He encouraged the physio department by crediting them 80% of Ponseti management. He also gave some important advice to parents about regular bracing and plaster.





District Health Officer Dr. Arjun Sapkota addressing the World Clubfoot Day 2017 at HRDC

Contact Us

Give us a call for more information about our services



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Visit us on the web at www.hrdcnepal.org



World Clubfoot day Celebration at HRDC Banepa

The Warmest Greetings from Nepal

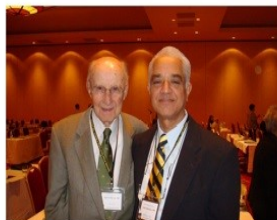
World Clubfoot Day!

June 3, 2017

The Friends of the Disabled (FoD)

Hospital and Rehabilitation Centre for Disabled Children (HRDC)

Banepa, Kavre, Nepal



Prof. Dr. Ashok Kumar Barskota with Dr. Ignacio Ponseti

Dr. Ponseti invented the Ponseti technique in treatment of clubfoot



पुनर्स्थापन प्रक्रिया तथा परिणाम	
अल्पा विकाश	
उपचार अघि	उपचार अन्तर्गत
उपचार पश्चात	
अलगावका विकाश	
उपचार अघि	उपचार अन्तर्गत
उपचार पश्चात	
संजीता परिहार	
उपचार अघि	उपचार अन्तर्गत
उपचार पश्चात	
विकास गर्दो	
उपचार अघि	उपचार अन्तर्गत
उपचार पश्चात	



World Clubfoot Day Celebration at Regional Rehab Centre Itahari, Sunsari



World Clubfoot Day Celebration at Clubfoot Clinic Lahan



World Clubfoot Day Celebration at Regional Rehab Centre Nepalgunj, Banke

